

# PRICE LIST JANUARY 2023

## CHOOSE YOUR MASSAGE:

- **NEUROSEDATIVE** : SUPERFICIAL TECHNIQUE AIMED TO RELAX THE NERVOUS SYSTEM.
- **LYMPHATIC DRAINAGE** : MOBILIZATION OF THE LYMPHATIC SYSTEM FOR PRE AND POST SURGERY AND FLUID RETENTION.
- **CIRCULATORY** : ASCENDING MANEUVERS TO ASSIST CIRCULATION.
- **RELAXING** : KNEADING MANEUVERS WITH RELAXING EFFECT WITHOUT PAIN.
- **LOMI LOMI** : HAWAIIAN TECHNIQUE WITH LONG AND DEEP MANEUVERS.
- **DEEP TISSUE** : AIMS MUSCLE CONTRACTURES WITH DEEP KNEADING.
- **ANTI-CELLULITE** : MANEUVERS AND DEEP GRIPS TO BREAK ADHESIONS.
- **CRANIOFACIAL** : STIMULATION OF REFLEX POINTS ON THE SKULL AND FACE. FOR ACTIVE MINDS.
- **REFLEXOLOGY** : ANCIENT THERAPY TO TREAT THE ENTIRE BODY THROUGH THE FEET.
- **KOBIDO** : FACIAL JAPANESE TECHNIQUE WITH REJUVENATING EFFECT.
- **REIKI** : ENERGY BALANCE THROUGH THE LAYING ON OF HANDS.

	Templos	Euros	Carnet 100T
- 20 Minutes .....	3½	21,1 €	17,6 €
- 40 Minutes .....	7	44,1 €	35,3 €
- 60 Minutes .....	10	63 €	50,4 €
- 90 Minutes .....	15	94,5 €	75,6 €
- 40 Minutes Couples Massage (same booth).....	16	100,8 €	80,6 €
- 60 Minutes Couples Massage (same booth).....	21	132,3 €	105,8 €
- 90 Minutes Couples Massage (same booth).....	32	201,6 €	161,3 €
- 10 Minutes Supplement .....	2	12,6 €	10,1 €
- Cream or Essential Oils Supplement .....	1	63 €	5 €
- 40 Minutes Shiatsu/Thai/Tuina .....	8	50,4 €	40,3 €
- 60 Minutes Shiatsu/Thai/Tuina .....	10	63 €	50,4 €
- 60 Minutes Abyangha Massage .....	11½	72,5 €	58 €
- 80 Minutes Abyangha Massage .....	15	94,5 €	75,6 €
- 40 Minutes Hot Stones Massage .....	9	56,7 €	45,4 €
- 60 Minutes Hot Stones Massage .....	11½	72,5 €	58 €
- 80 Minutes Hot Stones Massage .....	13½	85,1 €	68 €
- 60 Minutes Holistic Therapy .....	12	75,6 €	60,5 €
- 20 Minutes Wood Therapy .....	4½	28,4 €	22,7 €
- 40 Minutes Wood Therapy .....	8	50,4 €	40,3 €
- 60 Minutes Wood Therapy .....	11	69,3 €	55,4 €
- 60 Minutes Four Hands Massage .....	20	126 €	100,8 €
• AYURVEDIC RITUAL (BODY AND FACE).....	12	75,6 €	60,5 €
(Indian purifying technique with Aromatherapy and Coco Salts)			
• YIN-YANG ALQVIMIA RITUAL (BODY AND FACE) .....	15	94,5 €	75,6 €
(Anti-stress or Queen of Egypt. Body and Facial Peeling + Muds + Massage)			

## PHYSIOTHERAPY \*:

	Templos	Euros	Carnet 100T
• 30 MINUTES SESSION .....	6	37,8 €	30,2 €
• 60 MINUTES SESSION .....	10	63 €	50,4 €
• 90 MINUTES SESSION .....	15	94,5 €	75,6 €

## ADD ON:

	Templos	Euros	Carnet 100T
• MOXIBUSTION .....	7	44,1 €	35,3 €
• SAUNA + HYDRO MASSAGE (ONLY IN ARTURO SORIA) .....	1½	9,5 €	7,6 €
• CUPPING (Within your Massage Time) .....	1	6,3 €	5 €
• ULTRASOUND (10 Minutes) .....	2½	15,8 €	12,6 €
• LOCALISED MUD THERAPY .....	4½	28,4 €	22,7 €
• FULL BODY MUD THERAPY .....	7½	47,3 €	37,8 €
(Add a Massage)			

## ACUPUNCTURE:

	Templos	Euros	Carnet 100T
• FREE DIAGNOSIS (30 Minutes)			
• SESSION (40 Minutes) .....	7	44,1 €	35,3 €
• 5 SESSIONS COUPON .....	-	175 €	-
• FAST QUIT SMOKING TREATMENT .....	14½	91,4 €	73,1 €

## WAXING:

	Templos	Euros	Carnet 100T
100% NATURAL PINE RESIN PERFUMES AND ARTIFICIAL COLORS FREE			
• LADY'S FORMULA .....	7½	47,3 €	37,8 €
(Includes: Full leg, Bikini, Underarm, Lip and Brow)			
• BACK FORMULA OR CHEST FORMULA .....	4½	28,4 €	22,7 €
(Includes: Shoulders + Back + Lumbar Includes: Thorax + Abdomen)			
• RUNNER'S FORMULA .....	7½	47,3 €	37,8 €
(Includes: Full leg, Bikini, y Gluteus)			
• MEN'S FORMULA .....	20	126 €	100,8 €
(Includes: Runner's Formula, Back Formula, Chest Formula, Underarm, Arms, Brow)			
• WAXING ZONES:			
- VERY SMALL ZONE .....	1	6,3 €	5 €
(Choose among Lip / Brow / Chin / Line)			
- SMALL ZONE .....	1½	9,5 €	7,6 €
(Elige entre: Axilas / Hombros)			
- MEDIUM ZONE .....	2	12,6 €	10,1 €
(Choose among Women's Arm / Bikini / Lumbar / Brow Design)			
- MEDIUM + ZONE .....	2½	15,8 €	12,6 €
(Choose among Lower Leg / Men's Arm / Abdomen / Bikini XL)			
- LARGE ZONE .....	3	18,9 €	15,1 €
(Choose among Thighs / Thorax)			
- LARGE ZONE + .....	3½	22,1 €	17,6 €
(Choose among Women's Full Leg / Bikini XXL)			
- EXTRA LARGE ZONE .....	4	25,2 €	20,2 €
(Pubis)			
- EXTRA LARGE + ZONE .....	5½	34,7 €	27,7 €
(Men's Full Leg)			

## MANICURE:

	Templos	Euros	Carnet 100T
• COMPLETE (Includes Hand Massage) .....	6	37,8 €	30,2 €

## PEDICURE:

	Templos	Euros	Carnet 100T
• EXPRESS .....	6	37,8 €	30,2 €
• FEET SPA (Includes Peeling + Massage) .....	8	50,4 €	40,3 €
• MANICURE AND PEDICURE EXTRAS:			
- NAIL DECORATION .....	½	3,2 €	2,5 €
- PERMANENT VARNISH (Includes Removal) .....	2	12,6 €	10,1 €
- REMOVAL OF PERMANENT VARNISH (Si no es nuestro)	2	12,6 €	10,1 €

## FACIAL TREATMENTS :

	Templos	Euros	Carnet 100T
• PEELING + MASK .....	5	31,5 €	25,2 €
• DRY SKIN HYGENE THERAPY (10 Min. Extraction).....	8½	53,6 €	42,8 €
• OILY SKIN HYGENE THERAPY (30 Min. Extraction).....	9½	59,9 €	47,9 €
• ULTRA HYDRATANT FACIAL THERAPY (*) .....	10½	66,2 €	52,9 €
• FACIAL ACUPUNTURE .....	10	63 €	50,4 €
• FRACTAL RADIOFREQUENCY BY ZONE * (20 MINUTES) .....	6	37,8 €	30,2 €
• DERMAPEN .....	16,5	104 €	83,2 €
• REJUVENATING FACIALS LIFTING EFFECT , ANTI-WRINKLE, FIRMING, EYES CONTOUR AND LIP CONTOUR AND NECK:			
- COMBINED SESSION ACCORDING TO PERSONAL DIAGNOSIS WITH AND WITHOUT APARATHOLOGY (60 MINUTES APROX.) ...	12	75,6 €	60,5 €

## BODY TREATMENTS :

	Templos	Euros	Carnet 100T
• BODY PEELING: DISFILTRATING, NOURISHING, SUPER POLISH	8	50,4 €	40,3 €
• BODY DETOX .....	12	75,6 €	60,5 €
• CHOOSE YOUR BODY TREATMENT BY ZONE: CELLULITE, REDUCTOR, FIRMING, MUSCLE TONING , POST-PARTUM, FAT ROLLS, POST-SURGICAL, FLAT STOMACH, LOCALIZED FAT.			
- PRICE PER ZONE (20 Minutes) .....	4½	28,4 €	22,7 €
- PEELING + SWEATING (AS PART OF TREATMENT) .....	3	18,9 €	15,1 €

(\*) TREATMENTS WITH APARATHOLOGY. (NOT AVAILABLE IN ARTURO SORIA)

## FREE DIAGNOSIS. BOOK WITHOUT COMPROMISE

Plan what you desire about your silhouette.  
We will help you to achieve your goals in the healthiest,  
most effective and honest way.  
Facial and Body Treatments are performed based on Lamdors Protocols,  
Global System, Laboratory Specialized in Cientific Aesthetics.  
The Cosmetic Formulas have a high Concentration of Active Principles,  
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## COURSES

Initiation to massage, initiation to meditation, foot reflexology, shiatsu,  
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## COMPANIES , EVENTS AND OTHER SERVICES

We move to offices and company facilities, presentations, events, fairs,  
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We organize beauty parties, bachelorette parties or services for groups in our  
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Share with us your idea and we will make you a personalized proposal with all included.

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## SAVE WITH THE "CARNETS DE TEMPLOS"

Calculate the number of Templos you will use  
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- 1 Templo .....	6,3 €
- Carnet 20 Templos (%6 Discount) .....	126€ 120 €
- Carnet 30 Templos (%10 ≈ Discount) .....	189€ 170 €
- Carnet 40 Templos (%13 ≈ Discount) .....	252€ 220 €
- Carnet 60 Templos (%15 Discount) .....	378€ 321 €
- Carnet 80 Templos (%18 ≈ Discount) .....	504€ 414 €
- Carnet 100 Templos (%20 Discount) .....	630€ 504 €

Valid for all our Services and at any of our Centres.  
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TLF: 91 919 25 68

OPEN MONDAY TO SUNDAY FROM 10:00 TO 22:00

\*Available only in some centres. Please, ask us about it.